

Hand in Hand Services for your Organization

Talks

Certified *Parenting by Connection* Instructors are available to give talks for parents, caregivers, or others interested in family relationships. Patty Wipfler, Founder and Program Director of Hand in Hand, is available for keynote talks and other presentations to large audiences. Julianne Idleman, Communications Director, is available for research-oriented topics. A partial list of topics includes:

Topics for Parents and Caregivers

- Handling Children's Emotional Moments
- Setting Limits with Children
- Helping Young Children Sleep
- Tackling Children's Fears of Separation
- Sibling Solutions
- Biting, Pushing, Pulling Hair: Helping Children with Aggression
- Helping Your Child with Learning and School
- "It's Mine!" All About Sharing
- Supporting Adolescent
- Fathers are Primary Parents
- Helping Children Play Well Together
- Off-Track Children and Stressed Parents – Remedies for Caregivers

Research-oriented topics

- The Science of Crying
- "Your Topic Here"

Parent education talks are usually offered during weekday evenings, although weekend times may sometimes be possible. They are generally two hours long, 30 minutes of which is devoted to parent questions. Customization of talk topics is provided free of charge. Handouts related to the talk topics may be given to each participant. Booklets, CD's, DVD's and other materials are available for sale after talks.

Fees for Talks

Topics	Speaker	Audience Size	Fee
Keynote Talks on All Topics	Patty Wipfler, Founder and Program Director of Hand in Hand	Over 300	\$1000
		100 to 300	\$600
		Under 100	\$450
Research-oriented Topics	Julianne Idleman, Hand in Hand Communications Director and Certified Trainer		\$350
Topics for Parents and Caregivers	Hand in Hand Certified Instructors and Trainers		\$250

Volunteer Presenters

We can sometimes arrange for a Hand in Hand Volunteer or Instructor in Training to volunteer their time to give a talk and hone their presentation skills. Please give ample advance notices, as volunteer availability is limited.

Hand in Hand Services for your Organization (contd.)

Class – *Tantrum Training for Parents (or Caregivers)*

Description

This 3-week class for parents or caregivers of young children wins high praise from parents. We look at the causes of children's tantrums, and parents have the opportunity to use 4 "Listening Tools" that help them set necessary limits with warmth and authority. Participants are expected to try the skills at home with their own children after the first and second classes. Classes are interactive. We build supportive connections between parents, and teach skills that will help parents throughout their parenting careers.

Fees for Tantrum Training for Parents

Duration: Three 2-hour sessions over a period of three consecutive weeks

Intended for: Parents of children ages 0-6.

Literature included: Set of four *Listening to Children* booklets and *Parent Handbook for each participant*.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$750	1 instructor
Package B	8 to 13	\$1350	2 instructors
Package C	14 to 20	\$1950	3 instructors

Fees for Tantrum Training for Caregivers

Duration: Three 2 1/2-hour sessions over a period of three consecutive weeks

Intended for: Caregivers caring for children ages 0-6.

Literature included: Set of four *Listening to Children* booklets and *Parent Handbook for each participant*.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$850	1 instructor
Package B	8 to 13	\$1550	2 instructors
Package C	14 to 20	\$2250	3 instructors

Hand in Hand Services for your Organization (contd.)

Class – *Building Emotional Understanding*

This class is for parents and caregivers who want to build emotional understanding with their children from 1-1/2 years through school age. Essential tools of parenting are taught in this class. Researchers have called these skills the “super-protective factor” which leads to happy, productive lives for children and positive adolescent outcomes.

Participants reflect on their current parenting and develop a Family Connection Plan, as they build personal support for the important work of parenting within their families and the community. Each class participant will be expected to use "Listening Tools" on a regular basis between classes, and experiences will be shared, creating a broad base for learning and mutual support.

Fees for Building Emotional Understanding for Parents:

Duration: Six 2-hour sessions over a period of six consecutive weeks

Intended for: Parents of children ages 0-12.

Literature included: Set of seven *Listening to Children* booklets and *Parent Manual* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$1300	1 instructor
Package B	8 to 13	\$2450	2 instructors
Package C	14 to 20	\$3650	3 instructors

Fees for Building Emotional Understanding for Caregivers:

Duration: Six 2.5-hour sessions over a period of six consecutive weeks

Intended for: Caregivers of children ages 0-12.

Literature included: Set of seven *Listening to Children* booklets and *Caregiver Manual* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$1500	1 instructor
Package B	8 to 13	\$2850	2 instructors
Package C	14 to 20	\$4250	3 instructors

Hand in Hand Services for your Organization (contd.)

Support Groups/Skill-building Groups

These groups are for parents/caregivers who are already familiar with *Parenting by Connection*, or are willing to read the materials as they enter the class. These support / skill-building groups offer parents a place to work through their own emotions and find support for the very important job of parenting. Groups can be arranged at your location for six weeks at a time and may be renewed throughout the year.

Family Fun / Play Events

These parent-child workshops help families practice connecting, enjoying one another, and allowing children positions of power through play. Parents are coached to set limits with warmth and to handle emotional moments constructively in a positive, supportive environment.

Targeted Workshops

Hand in Hand is available to lead targeted workshops that focus on the needs of adolescents, foster parents, adoptive families, preemies, special needs children, teen parents, mothers with postpartum depression, divorced families, step-families, and more. Contact us about how we can customize a workshop for the population you want to serve and we'll work together to meet your goals. Daylong workshops with Patty Wipfler start at \$1500, half-day workshops are available locally from \$750.

Consultations

Many parents, in addition to reading and trying the ideas about listening to children outlined in our classes and pamphlets, find that a little one-on-one time to talk with a *Parenting by Connection* Consultant about their unique family situation is a great boost to their ability to use our approach. Hand in Hand offers parent-to-parent consulting services by phone (and/or in-person in Northern California).

Hand in Hand consultations are conducted by a Hand in Hand Instructor chosen for his or her substantial experience using the *Parenting by Connection* approach.

To learn more or schedule a consultation, please go to www.handinhandparenting.org/parent-support/one-on-one-consulting.

Hand in Hand Services for your Organization (contd.)

Deposit and Billing

A deposit of 50% reserves your event schedule. The balance of the invoice is payable at the start of your class or event. If you need special billing or contract verifications, please let us know when you schedule your Hand in Hand event.

Rescheduling or Cancellation

Hand in Hand carefully matches the needs of your program with the skills and schedule of our Certified Instructors. Their time is valuable to us and the many parent programs that rely on their support. Hand in Hand requires at least 5 business days and a \$100 administrative fee to reschedule a contracted event. If your organization must cancel an event for any reason, your full deposit minus a \$100 administrative fee will be refunded if you cancel 14 days prior to the event. If you cancel the event any time less than 14 days, than your deposit will be forfeited.