



## Hand in Hand Services for Your Organization

### Talks

Certified *Parenting by Connection* Instructors are available to give talks for parents, caregivers, or others interested in family relationships. Patty Wipfler, Founder and Program Director of Hand in Hand, is available for keynote talks and other presentations to large audiences. Arrangements can sometimes be made for more specialized topics.

A partial list of topics includes:

### Topics for Parents and Caregivers

- Raising Emotionally Healthy Children
- Handling Children's Emotional Moments
- Setting Limits and Building Cooperation
- Sibling Solutions
- Banishing the Bogeyman! Healing Children's Fears
- Biting, Pushing, Pulling Hair: Helping Children with Aggression
- Healing the Hurt of Separation
- "That's Mine!" Helping Young Children with Sharing
- Helping Your Child with Learning and School
- Bouncing Off the Walls: Helping the Overactive Child
- Building Support for Your Work as a Parent
- Helping Young Children Sleep

Talks are up to two hours long, 30 minutes of which is devoted to parent questions. Customization of talk topics is provided free of charge. Booklets are available for sale after talks.

### Fees for Talks

	<b>Patty Wipfler</b>	<b>Hand in Hand Certified Trainer or Instructor</b>
<b>Keynote Address / Over 300</b>	\$1000	\$750
<b>100 to 300</b>	\$600	\$450
<b>Under 100</b>	\$450	\$250

### Volunteer Presenters

During the Spring of each year, we can sometimes arrange for a Hand in Hand Volunteer or Instructor in Training to volunteer their time to give a talk and hone their presentation skills. Please give us ample advance notice as volunteer availability is limited.

## Hand in Hand Services for Your Organization

### Understanding Tears and Tantrums Class

This 3-week class for parents or caregivers of young children wins high praise from parents. We look at the causes of children's tantrums, and parents have the opportunity to use 4 "Listening Tools" that help them set necessary limits with warmth and authority. Participants are expected to try the skills at home with their own children after the first and second classes. Classes are interactive. We build supportive connections between parents, and teach skills that will help parents throughout their parenting careers.

### Fees for Understanding Tears and Tantrums for Parents

Duration: Three 2-hour sessions over a period of three consecutive weeks

Intended for: Parents of children ages 0-6.

Literature included: Set of four *Listening to Children* booklets and *Parent Handbook* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$775	1 instructor
Package B	8 to 13	\$1425	2 instructors

### Fees for Understanding Tears and Tantrums for Caregivers

Duration: Three 2 1/2-hour sessions over a period of three consecutive weeks

Intended for: Caregivers caring for children ages 0-6.

Literature included: Set of four *Listening to Children* booklets and *Parent Handbook* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$925	1 instructor
Package B	8 to 13	\$1700	2 instructors

If the group you want to serve is larger please contact us at: [program@handinhandparenting.org](mailto:program@handinhandparenting.org)

## Hand in Hand Services for Your Organization

### Parenting by Connection Starter Class

This class is for parents and caregivers who want to learn to handle behavioral difficulties and emotional moments with children from 1-1/2 years through school age. Essential tools of parenting are taught in this class. Researchers have called these skills the “super-protective factor” which leads to happy, productive lives for children and positive adolescent outcomes.

Participants reflect on their current parenting and develop a Family Connection Plan, as they build personal support for the important work of parenting within their families and the community. Each class participant will be expected to use "Listening Tools" on a regular basis between classes, and experiences will be shared, creating a broad base for learning and mutual support.

#### Fees for Parenting by Connection Starter Class for Parents:

Duration: Six 2-hour sessions over a period of six consecutive weeks

Intended for: Parents of children ages 0-12.

Literature included: Set of seven *Listening to Children* booklets and *Parent Manual* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$1350	1 instructor
Package B	8 to 13	\$2500	2 instructors

#### Fees for Parenting by Connection Starter Class for Caregivers:

Duration: Six 2.5-hour sessions over a period of six consecutive weeks

Intended for: Caregivers of children ages 0-12.

Literature included: Set of seven *Listening to Children* booklets and *Caregiver Manual* for each participant.

Package	# of participants	Fee	# of instructors included
Package A	4 to 7	\$1750	1 instructor
Package B	8 to 13	\$3250	2 instructors

If the group you want to serve is larger please contact us at: [program@handinhandparenting.org](mailto:program@handinhandparenting.org)



## Hand in Hand Services for Your Organization

### Parent Support Groups/Skill-building Groups

These groups are for parents/caregivers who are already familiar with *Parenting by Connection*, or are willing to read the materials as they enter the class. These support / skill-building groups offer parents mentoring and a place to build support for the very important job of parenting. Groups can be arranged at your location for six weeks at a time and may be renewed throughout the year. Available in select geographical locations.

### Targeted Workshops

Hand in Hand is available to lead targeted workshops that focus on the needs of adolescents, foster parents, adoptive families, premature infants, children with special needs, teen parents, mothers with postpartum depression, divorced families, stepfamilies, and more. Contact us about how we can customize a workshop for the population you want to serve and we'll work together to meet your goals. Daylong workshops with Patty Wipfler start at \$1500, half-day workshops are available locally from \$750. Available in select geographical locations.

### Consultations

Many parents, in addition to reading and trying the ideas about listening to children outlined in our classes and pamphlets, find that a little one-on-one time to talk with a *Parenting by Connection* Consultant about their unique family situation is a great boost to their ability to use our approach. Hand in Hand offers parent-to-parent consulting services by phone (and/or in-person in select geographic areas).

Hand in Hand consultants are Certified Instructors chosen for their substantial experience using the *Parenting by Connection* approach.

To learn more, or schedule a consultation, please go to:

<http://shop.handinhandparenting.org/collections/one-on-ones>

### For Professionals

#### Our online Professionals Intensive Course in Parenting by Connection includes:

- A total of 12+ hours of video learning materials, which are accessible for repeated viewing throughout the course.
- Eight weeks of small group mentoring via a weekly conference call. Course mentors are experienced in Parenting by Connection, and are practicing professionals who use the approach in their practice.
- Access to an online classroom for discussion and posting of materials.
- Access to the videos and written materials from our Parenting by Connection Starter Class, including the parent manual and the set of 9 booklets.
- Additional materials that match your particular interests and client needs.

This course requires a weekly time commitment of 4-6 hours per week. 20 State of California Continuing Education Units can be earned.

To learn more: <http://shop.handinhandparenting.org/products/professionals-intensive>



## **Hand in Hand Services for Your Organization**

### **Training Options for Agencies and Organizations**

Hand in Hand's classes can be taught via the internet, together with mentoring conference calls. We can tailor a training program for your agency or organization using our Distance Learning capacities, and, in some areas, with strategic use of Certified Instructors for in-person mentoring groups and/or training workshops. Please contact our Program Manager to explore training options.

### **Information and Scheduling**

Contact the Hand in Hand Program Manager at [program@handinhandparenting.org](mailto:program@handinhandparenting.org) for further information and scheduling.