



When You Change Parenting You Change the World!

Parents find that rewards and punishments don't resolve a child's difficulties or reduce the number of emotional moments they have. The hurt from adverse circumstances isn't healed with a lollipop, a lecture, a time out, or a swat on the bottom. When parents' frustration rises, they become more likely to "lose it" with their children. This erodes the parent-child bond.

Hand in Hand is working to revolutionize conventional wisdom about how to nurture young children.

We believe that every child is good at heart, and deserves immediate help with their challenging behaviors.

Hand in Hand teaches parents five simple, powerful Listening Tools to help lower their children's stress and their own. We show parents that their child means well and can heal from adversity. When parents work with their children to resolve behavioral issues using a support system they have personally built, our schools and classrooms will improve, there will be far less need for mental health services, and children will grow up to be healthy, cooperative, secure adults who can contribute to the common good.

When parents use our Listening Tools, children emerge from difficult behaviors and become more confident friends and learners. The tools work from infancy through adolescence and beyond. They help teachers, early childhood educators, therapists, and parents who want to improve their communities.

Our 120 Instructors teach in the US and in 15 countries

Free Programs: Monthly newsletter; weekly parenting podcasts; YouTube videos; moderated online support and discussion groups; parenting blog; over 100 articles in 5 languages online; New Parent Podcasts in English and Spanish; talks and Study Groups in some areas.

Fee-based Programs: self-guided video courses; 3- and 6-week classes online and in person; consultation services; booklets; professional trainings; talks; workshops; Instructor training; and the book, [Listen: Five Simple Tools to Meet Your Everyday Parenting Challenges](#).